

NURTURE YOUR SPIRIT WITH A DAY AWAY

When is the last time you took a complete day away for yourself...a day when you could do whatever your spirit longs for...a day for placing your own health and wholeness of body, mind and spirit as the top priority? We invite you to give yourself (or a friend) a day at Knowles Mercy Spirituality Center.



Imagine spending time by the water, reading, reflecting, and praying. The Center's property, on the banks of the Platte River, features woodland paths to the river, a meditation deck, pond, and outdoor labyrinth.

SABBATH DAY

Your day will begin with an easy drive to the Center, 15 minutes west of Omaha off West Center Road. Our staff will greet you, show you to a comfortable private room and offer a quick overview of the Center, chapel, library, dining area, and grounds. The day will be yours...bring your lunch and/or choose light snacks from our sustenance basket (fruit, cereal bars, etc.) You can retreat to your room, pray in the chapel, walk our woodland paths, sit by the Platte River or the pond, or enjoy the outdoor labyrinth or meditation deck. Spiritual direction is available on request (sliding scale fees). There will be quiet, peaceful surroundings and staff committed to your comfort. Your spirit deserves such a day!



Outdoor Labyrinth is available for a unique prayer experience.

Come Away to a Quiet Place... come see the glorious works of the Lord!



COSTS

Sabbath Day—\$25

9:00 a.m. until 4:00 p.m. If you would like to add an overnight, the cost for a 24 hour period is \$40.

SPIRITUAL DIRECTION

Spiritual direction is available by appointment. Sliding scale fees. Call for more information.

RESERVATIONS

Call 402.359.4288 to check for available dates and reserve a room.

GIFT CERTIFICATES

Call to order a Sabbath Day gift certificate for yourself or for a friend.

KNOWLES MERCY SPIRITUALITY CENTER

The Center is located at 2304 Campanile Road. Campanile Road is one mile west of 264th and West Center Road (HWY 92). Call 402.359.4288 for more information.

E-mail: kmscenter@mercywmw.org
Website: www.kmscenter.org

CELEBRATE THE BODY-MIND-SPIRIT CONNECTION

The Center is committed to providing spiritual experiences that honor the sacred connection between body, mind, and spirit. We offer the following:

- Topic-centered renewal days
- Body Mind Spirit Days (spiritual direction and massage offered)
- Labyrinth Experiences
- Spiritual Direction

To receive our newsletter and more information about our programs, retreats, and services, call 359.4288 or e-mail kmscenter@mercywmw.org.



KNOWLES MERCY SPIRITUALITY CENTER

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KNOWLES MERCY
SPIRITUALITY CENTER

SABBATH DAY AND/OR OVERNIGHT



*Nurture Your Spirit
in a Peaceful Setting*

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