

D r e a m w o r k

Retreat at Knowles Mercy Center

March 5—7, 2010

with artist/speaker Jane Maxfield, M.A.

Friday at 6 p.m. through Sunday Noon

Overnight Retreat—\$150 includes room, meals, retreat
Commuter Retreat—\$100 (no overnight), meals & retreat
(\$50 non-refundable deposit required)

Dreams are a source of personal and universal creative wisdom, spiritual connection, insight and innovation. Everyone dreams, even if they don't remember doing so. And everyone can learn to understand their dreams more fully. The techniques and tools explored in this workshop include improving dream recall, recording dreams, discovering more of the multiple levels of meaning found in every dream, and experiencing the potential of working with dreams in a circle of dreamers.



Jane Maxfield of San Mateo, California, has over twenty years of experience as an effective spiritual director-counselor, and holds a Master's Degree in Humanities and Spiritual Leadership. Jane holds a certificate in dreamwork and has facilitated workshops for various retreat groups and women's spirituality groups. She has been exploring the common ground shared by art, spirituality, psychology and women's studies in her own life for many years and is now professionally focused on helping others to do the same.

I would like to register for the Dreamwork Retreat Workshop. (Remit form & payment to Knowles Mercy Center.)

Please check the box that is appropriate:

Commuter Retreat—Friday 6:30-9:30pm,
Saturday 9:30am—9:30pm and Sunday
9:30-11:30am. Includes meals & all retreat
sessions (no overnight stay). **\$100**

Overnight Retreat—Friday at 6:00 pm to
Sunday noon—room, meals, retreat. **\$150**

Name _____

Address _____

City _____ State _____ Zipcode _____

E-mail _____ Phone _____

Knowles Mercy Center, 2304 Campanile Road, Waterloo, Ne 68069 ~ 402.359.4288 ~ Email kmscenter@mercywmw.org
To learn more about Knowles Mercy Spirituality Center and for driving directions go to our website at www.kmscenter.org