

NURTURE YOUR SPIRIT WITH A DAY AWAY

Nestled in the quiet woods, you will be reminded to slow down, to know the limitless opportunities of life ... to simply be. Here you can leave behind your usual routines, refresh your senses and allow the luxury of silence to renew your body, mind, heart and spirit.



Situated on 25 acres of beautiful natural woodlands along the Platte River, we offer a sacred place for silence, prayer and reflection. Let the stillness of our lake provide the setting for your heart to come to rest. Bring your body and spirit to the healing path of our outdoor labyrinth. Walk along the tree-lined Platte River and sense the graceful harmony of the life-sustaining water with the Earth. A rich mix of holy silence, each moment is an occasion to experience the oneness within, and with all of creation. Immerse yourself in solitude while you seek a better understanding of yourself and the world in which you live.

A DAY AWAY

This special day is just for you ... use it as you wish. Upon arrival to our Center you will be warmly greeted as we show you to a comfortable private room. We will offer a brief overview of the Center, chapel, library, dining area and grounds, and then simply let you be. Bring your lunch and/or choose light snacks from our sustenance basket (fruit, cereal bars, etc.) Whether you spend your time inside or enjoying the beautiful woodlands, you will find a sacred place for silence, prayer and quiet reflection.



An outdoor labyrinth is available for a unique prayer experience.

*All are welcome here
to enjoy our
natural woodlands
and to partake of its
quiet beauty.*



COSTS

“A Day Away”—\$25

9:00 a.m. until 4:00 p.m. If you would like to add an overnight, the cost for a 24 hour period is \$40.

SPIRITUAL DIRECTION

Spiritual direction is available by appointment. Sliding scale fees.
Call for more information.

RESERVATIONS

Call 402.359.4288 to check for available dates and reserve a room.

GIFT CERTIFICATES

Call to order “A Day Away” gift certificate for yourself or for a friend.

For 25 years Knowles Mercy Spirituality Center has been a place of prayer, rest and renewal. A special atmosphere of peace and tranquility prevails, offering opportunities for quiet reflection and enabling one to uncover truths within the heart that can lead to personal growth and transformation. Come discover our oasis of peace ... nurture and reconnect with your deeper life's purpose.

CELEBRATE THE BODY-MIND-SPIRIT CONNECTION

The Center is committed to providing spiritual experiences that honor the sacred connection between body, mind, and spirit. We offer the following:

- Topic-centered renewal days
- Body Mind Spirit Days (spiritual direction and massage offered)
- Labyrinth Experiences
- Spiritual Direction
- Retreats

To receive our newsletter and more information about our programs, retreats, and services, call 402.359.4288 or e-mail kmscenter@mercywmw.org.



KNOWLES MERCY SPIRITUALITY CENTER

2304 Campanile Rd.
Waterloo, NE 68069-6838
Phone: 402.359.4288
Fax: 402.359.4843

E-mail:
kmscenter@mercywmw.org
Website: www.kmscenter.org

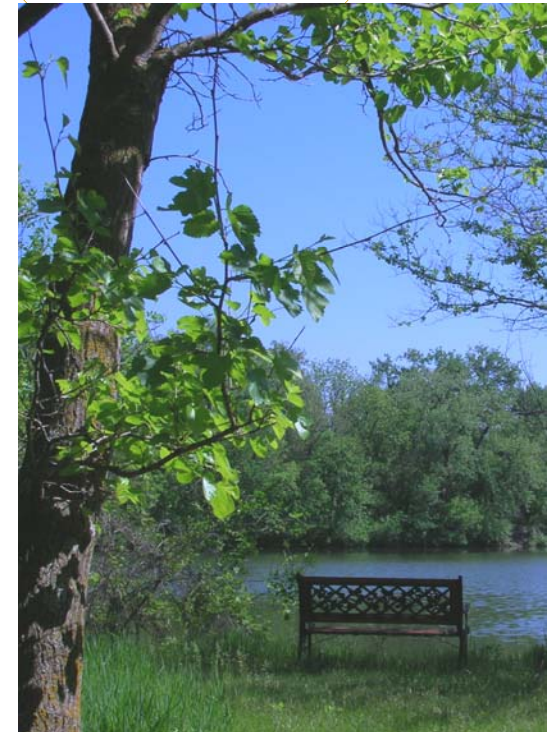


KMSC is owned and supported by the Sisters of Mercy. With genuine Mercy hospitality, we invite you to seek God with us as a welcome guest.

KNOWLES MERCY
SPIRITUALITY CENTER

A DAY AWAY...

An individual day and/or
overnight for you



*There is time
and space here to relax,
reflect and renew...
a place to listen to your soul.*

Phone: 402.359.4288
www.kmscenter.org